

# DIRECTIONS FOR MAKING A PILLOWCASE DRESS

4 Easy Steps to making our little dresses:

*This pillow case pattern is only a suggestion. Any simple pattern is fine!*

*Avoid buttons and zippers if you can as they are difficult to repair in Africa*

1. Cut the sewn end of the pillow case top off leaving the hem
2. Fold the pillowcase in half and cut out the arm holes so they will be the same on each side. The measurements depend on the size of the pillow case but it's about 4 inches down and 2 inches in. See the pictures for an example.
3. Fold down the top of the strip about 3/8" and stitch a casing. Slide a 6" piece of elastic at the top so it will be gathered.



4. Finish the arm holes with double biased tape leaving enough at the ends to tie at the shoulders.



Don't be concerned about exact measurements. All sizes are welcome and variations are fine. Add pockets or lace if you want to be creative, but all styles and patterns will be appreciated by the little girls.