



Supporting women 4 ways:

- 1) Personal Hygiene Kits
- 2) FGM awareness
- 3) Empowerment through Education
- 4) Spiritual Development.

Praise God! Dignity 4 Girls was blessed:

to receive 2000 kits from Iowa sewers. 350 kits were shipped to Liberia in time for an NID mission team to help with the distribution to young women last month.

with many NID women to meet the urgent call to provide 2000 pair of panties for 1000 kits.

as the Lord continues to add new hearts, some come to visit a scheduled Sew-in others request a speaker to visit and explain the process. I will be sharing the process with the women of Zone 10 in Freeport at their Rally on March 30th.

Please share D4G, [www.dignity4girls.org](http://www.dignity4girls.org), with your friends who sew or have sewn in the past.



First Shipment to Liberia!

Through a relationship with Immanuel Lutheran Church in Elmhurst, IL, and Joe Boway from Liberia, D4G shipped 350 kits to Liberian high school girls in May 2018.

Joe was born in the jungles of Liberia and as a child came to Christ through a missionary family. Due to civil wars, Joe and many others ended up in refugee camps. For 14 years civil war prevented most schools from operating; as a result, today more than half of the adults in Liberia are illiterate. Joe, who now lives in Fort Wayne with his wife and sons, created the Liberian Children's Ministry as a way to educate children in the jungle areas. *Joe now oversees 14 schools and over 5,000 students!*

**Sew-in March 23rd — 9:00 am to 1:00 pm**

**AND/OR May 17th — 6:30 pm to 9:00 pm**

Join us as we iron, cut, assemble and learn to sew feminine hygiene kits for women in poverty. All are welcome!




Trinity Lutheran Church, 405 Rush St #1, Roselle, IL 60172

**D4G is growing: 2014—1 NID church 2016—5 NID churches 2018—7 NID churches**



# DIGNITY 4 GIRLS

Dignity 4 Girls (D4G) advocates for vulnerable women and girls around the world through physical, educational, spiritual and emotional support

- 1  **Personal Hygiene Kits**  
Personal hygiene kits allow women and girls to attend school and work when they are menstruating. Kits include reusable sanitary pads, underwear, washcloths and soap. D4G trains US volunteers to sew kits using the Days for Girls (Daysforgirls.org) pattern.
- 2  **FGM Awareness**  
Female Genital Mutilation (FGM) intentionally alters or causes injury to the female genital organs for non-medical reasons. D4G educates about the dangers of FGM and offers social alternatives to the practice.
- 3  **Empowerment through Education**  
D4G seeks to empower nationals through education. Funds raised in the US bring opportunities to women and girls to attend trade school and learn business practices.
- 4  **Spiritual Development**  
Local deaconesses and social workers share the gospel message with at-risk women and girls, providing spiritual and emotional support.

LEARN MORE: [dignity4girls.org](http://dignity4girls.org)  
CONTACT D4G: [dignity4girls@gmail.com](mailto:dignity4girls@gmail.com)  
FACEBOOK: [dignity4girls](https://www.facebook.com/dignity4girls)



## IMAGINE ...

- Using rags, corn husks, leaves or even rocks to try to hold back the flow of a period
- Missing an average of 4 school/work days a month, due to menstruation
- Selling your body in return for money to buy disposable pads
- Being pressured to endure the tribal practice of FGM (Female Genital Mutilation)

## GIVE HOPE ...

**Give Dignity**  
Dignity 4 Girls (D4G) advocates for vulnerable women and girls worldwide. D4G equips US volunteers to sew and assemble hygiene kits, shipped through the ministry Orphan Grain Train. *After two years of shipping the reusable pads, girls are attending more school days, less likely to drop out and there has even been a reduction in early pregnancies!*

**More than Just a Kit**  
D4G provides educational, spiritual and emotional support. While distributing kits, called "magic bags" by the girls, local deaconesses and social workers teach feminine hygiene, reproduction and the dangers of FGM. Each kit also contains a small scripture booklet in the local language.

**Empowering Women**  
Dignity 4 Girls seeks to empower nationals. In 2016, D4G sent a local Kenyan seamstress to attend a special school where she learned sewing and business skills. She is currently training additional Kenyan women to sew pads.

## GET INVOLVED ...

Thousands of women and girls still need support—you can help!

CONTACT D4G: [dignity4girls@gmail.com](mailto:dignity4girls@gmail.com)  
LEARN MORE: [dignity4girls.org](http://dignity4girls.org)